

Excellence Is Our Only Standard!

## PAIN CONTROL INSTRUCTIONS

Take 600-800mg of Ibuprofen (Advil) every 4-6 hours as needed for pain.

If additional pain relief is needed, take 1000mg of Tylenol with the Ibuprofen every 4-6 hours as needed.

DO NOT exceed 4000mg of Tylenol per day, and for NO more than 2 days in a row.

If you still have unmanaged pain, you may take your prescription pain medicine instead of the Tylenol.

