

### ROOT CANAL AFTERCARE

Refrain from eating for at least 2 hours and until the anesthesia has worn off to prevent possible injury to your lips and cheeks. The time interval will also allow the temporary filling to set to a reasonable hardness.

Because we expect your tooth to be sore to chewing and biting pressure - you should avoid very hard or chewy foods. This should gradually decrease over the next two weeks following treatment. Be sure to take any antibiotic medication prescribed for you as it will help the area heal. Medication should be started immediately. An analgesic like Ibuprofen (800 mg) should be taken every 4-6 hours for the first two days after root canal therapy.

If you have any of the following signs or symptoms - please call our office, as these complications do not occur routinely.

1. A reaction to the prescribed medication.
2. Increasing tenderness or swelling in the area surrounding the tooth. It is normal to be in some pain for 2-3 days following root canal therapy and there may be tenderness from chewing for 2-3 weeks.
3. The temporary filling dislodges from the tooth.
4. The tooth fractures
5. Bite feels off

A crown should be placed within a short time interval after root canal therapy is completed unless advised otherwise.



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